

Best Practice – Create health awareness through blood group and haemoglobin checkup.

The content –

Health is very important, a generation ago, people used to see their doctor only when they were sick. Today preventive health care becoming.

Doctors are also requesting that patients get regular health check ups to help stay on top of there health.

Our college every year organized blood group and Haemoglobin checkup camp for students.

Objectives :-

- 1) To create awareness regarding importance of health and haemoglobin checkup.
- 2) Give Scientific knowledge regarding importance of haemoglobin.
- 3) To guide students regarding their daily diet and nutrition.

The Practice :-

College has practice to organize blood group and haemoglobin check up camp in college during nutrition week with the help of Civil Hospital.

In NSS Camp our college conducts blood group and haemoglobin check up camp, college students, women are benefited.

After check-up we guide them regarding their diet.

Obstacles faced if any and strategies developed to overcome them :-

Sometime financial problem is observed but with the help of Civil Hospital his problem is solved.

Impact of the practice :-

This practice has made an note worthy impact on students and women who expressed it many times. They are awared about importants of haemoglobin and know their advantages and disadvantages.

Best Practice second- Awareness of Scientific Attitude through books

The Context :-

Books place vital role in the development of a human being. Many great personalities said that particular book changed their life. Good, quality books have that strength to change the life of an individual. Development of scientific attitude is one of the objective of education. But we find less percentage of even educated people using scientific attitude in life.

Objectives :-

- 1) To create scientific awareness in students and staff and in social sector through books.
- 2) To make students aware about use and importance of various books.
- 3) To inculcate the reading culture.
- 4) To give innovative option for welcoming guests in programs.

The Practice :-

College has the tradition of organizing programs, activities through different departments and committees. Activities as college & in fill are conducted regularly in which students & teachers participate.

Generally we see the practice of welcoming guests at program by shawl, Coconut, garland with flower bouquet. It is short term use. Since many years instead of giving shawls we have shifted to the best practice of welcoming guests by giving a book. Intentionally books use full in development of scientific attitude are selected and given to guests.

In any small and big program organized by the college a quality book with one rose flower is offered to all invited guest.

In college various competition are conducted by departments and committees. All winners are given books only as gifts, majority books on great social reformers, educationists, related to irradiation of superstitious, development of scientific temperament written by social reformer Dr. Narendra Dabholkar are given.

Obstacles faced if any & strategies developed to overcome them :-

Initially rigid mentality for breaking the old tradition observed. But later accepted after explaining its long lasting use and development of scientific temperament. Some times financial by constraint is observed which is solved by administration.

Impact of the practice :-

This practice has made an noteworthy impact on students, who expressed it many times, invited guests have appreciated this practice of college as rare & important books are offered to them for welcoming or thanking them. Many old Unscientific traditions, customs, superstitions are discussed after reading this books which helped for development of scientific attitude among students.