

Personal Profile

❖ PERSONAL DETAILS :

- **Name** : **Dr. Gaikwad Jyoti Motiram**
- **Date Of Birth** : 23/02/1976
- **Nationality** : Indian
- **Gender** : Female
- **Marital Status** : Unmarried
- **Mobile No.** : 9890103921
- **E-mail** : jyotigaikwad52@gmail.com

❖ CORRESPONDING ADDRESS DETAILS :

Dr. Gaikwad Jyoti Motiram
Yashodhara Nagar, Main Road
Cidco New Nanded
Tq. Nanded Dist. Nanded
PinCode.431603
State Maharastra

❖ PARMANANT ADDRESS DETAILS :

Dr. Gaikwad Jyoti Motiram
Yashodhara Nagar, Main Road
Cidco New Nanded
Tq. Nanded Dist. Nanded
PinCode.431603
State Maharastra

❖ QUALIFICATION DETAILS :

Sr. No.	NAME OF DEGREE/ DIPLOMA	BOARD/ UNIVERSITY	SUBJECT/ FACULTY	PERCENTAGE	YEAR OF PASSING	CLASS
1.	S.S.C	Aurangabad	-	51.85%	1990	2 nd Class
2.	H.S.C	Aurangabad	Arts	48.00%	1992	2 nd Class
3.	B.A.	Dr.B.A.M.U. Nanded	Arts	45.00%	1995	2 nd Class
4.	B.P.Ed	S.R.T.M.U. Nanded	Physical Education	61.71%	28 APRIL 1998	1 st Class
5.	M.P.Ed.	S.R.T.M.U. Nanded	Physical Education	63.76%	3 MAY 2000	1 st Class
6.	M.Phil	S. of D.E.B.U. Coimbatour	Physical Education	60.00%	31 MARCH 2008	1 st Class
7.	SET	Pune University	Physical Education	-	22 JUNE 2007	-
8.	NET	-	-	-	-	-
9.	PhD	S.R.T.M.U Nanded	Physical Education	-	7 FEB 2014	1 st Class
10.	MS-CIT	MKCL Mumbai	MS-CIT	56%	2005	

❖ FIELD OF SPECILIZATION:

- **Kabaddi**

❖ SPORTS PARTICIPENTS DETAILS:

Sr. No.	SPORTS	LEVEL OF TOURNAMENT	DATE	PLACE	PLACE IN TOURNAMENT
1.	Volleyball	Govt. Ashram School State Level Tournament	19/03/1988 To 21/03/1988	Pune	I

2	Kabbadi	Govt. Ashram School State Level Tournament	26/02/1989 To 28/02/1989	Nashik	II
3	Volleyball	Govt. Ashram School State Level Tournament	26/02/1989 To 28/02/1989	Nashik	I
4	Volleyball	Govt. Ashram School State Level Tournament	05/05/1990 To 07/02/1990	Bordi	II
5	Kabbadi	Ashwamegh Inter University Tournament	27/11/1999 To 01/12/1999	Nagpur	Participant
6	Kabbadi	Inter-University Kabbadi Women's Tournament	1999	Nashik	Participant

❖ EXTRA CURRICULAR ACTIVITY:

1. S.R.T.M.U. Nanded Cricket (W) Team Manager Inter University of Indoor 2014.
2. Dr. B.A.M.U Aurangabad Wrestling Men & Women Team Manager at M.D. University Rohatak – 2008.
3. Dr. B.A.M.U Aurangabad Ashwamegh-2009 I.U.T Kho- Kho Men & Women Team Manager at B.S.K.U. Dapoli – 2009.
4. Dr. B.A.M.U Aurangabad Kabbadi Women Couch I.U.T. Mumbai-2009.
5. Dr. B.A.M.U Aurangabad Wrestling Men & Women Team Manager at Merad.
6. Dr. B.A.M.U Aurangabad Kho-Kho Manager (W) I.U.T. Vishkhapatnam -2010.
7. Dr. B.A.M.U Aurangabad Kabbadi (W) Couch I.U.T at N.M.U.Jalgaon 2011.
8. Appointment of Official for “Ashwamedh” Inter – Collegite Kabaddi Women Tournament. 13/09/2011 to 14/09/2011.
9. Appointment of official for “ I.C.T Krida Mohatsav” Kabaddi Women Date 28/09/2012 to 29/09/2012.
10. Appointment as External Examiner in the subject of Physical Education for B.A.II To VI Sem Practical Examination Oct.2014.
11. Maharastra Rajya Antar Vidyapeeth Krida Mahoutsav 2014 spardha bakshis vitaran samitivar niyukti. Dr. B.A.M.U. Aurangabad.
12. Sahayak Pradhyapak padachya mulakhati ghenyakarita visheshagya 2/07/2014 Vasant Mahavidyalaya, Kaij.
13. External Examiner at Vasant Mahavidyalaya, Kaij Date 19/03/2015 B.A. I & II, III Year practical examination March 2015.
14. Dr. B.A.M.U Aurangabad Volleyball Women Team Manager Krida Mahoutsav 2015 State Inter University, Tournament at S.R.T.M.U Nanded 25/11/2015 to 1/02/2015.
15. Dr. B.A.M.U Aurangabad west zone Inter University Kabaddi (W) Team manager Held at Mumbai from 05/12/2015 to 08/12/2015.

16. Dr. B.A.M.U Aurangabad Archery (Men/Women) Team Manager west zone Inter University Tournaments held at Punjabi University, Patiyala from 22/01/2016 to 26/01/2016.
17. Bhausahab Patil Adhyapak Mahavidyalaya Pariksha Paryavekshak mhanun 05/04/2016 – 16/04/2016 paryant kaam kele.
18. Appointment of external examiner to conduct practical examination Oct/Nov 2016 Vasant Mahavidyalaya, Kaij 25/10/2016.
19. Appointment of Dr. B.A.M.U. Aurangabad Kabaddi Women Inter University Krida Mahoustav 2016 at Parbhani from 25/11/2016 to 1/12/2016.
20. K.N.D Bahuudeshiya Mandal , Nashik tarfe gunvant shikshan purashkar date 11/09/2016 Chikli yethe pradan.
21. “Bharat Jyoti Awards” Certificate of Excellence has given India International Friendship Society New Delhi. Place on 25th March 2017 in New Delhi.

❖ DETAILS OF INTERNATIONAL CONFERENCE :

Sr. No.	Title of Conference / Symposium / Workshop	Level	Place	Period
1.	Conference - [Honing managerial skills in sport International Conference 09]	International	Tirunaveli India	20-22 Aug 2009
2.	Conference - [Asian Conference on phy.edu. and computer science in sport 2009-2010]	International	Hyderabad	7-9 May 2010
3.	Conference - [14th commonwealth international sports science congress 2010]	International	Faridabad Haryana India	27-30 Sep 2010
4.	Conference - [international conference on phy-edu & sports sciences]	International	Goa India	25-27 Feb 2011
5.	Conference - [international seminar on phy-edu, recreation & yogic sciences]	International	Varanasi India	19-21 Jan 2011
6.	Conference - [International conference on better life batter world ,through yoga with allied sports sciences]	International	Chennai India	19-18 Feb 2012
8.	Conference - [IFPESS 2012 "Health phy-edu ,sports & wellness in schools and community :A Holistic and Innovative a]	International	Chandigarh India	20-22 Oct 2012
9.	Conference - [ICPESS 2012 "International conference on phy-edu & sports sciences"]	International	Aligarh India	16-18 Nov 2012
10.	Conference- "International conference on Internationalization of Higher Education"	International	Bijnor U.P India	25-26 Nov 2012

11.	Conference- International Conference	International	Nagpur Maharastra India	
12.	Conference- International Conference Research on Yoga Holistic & Sports Science	International	Jalgaon Maharastra India	26-28 Dec 2013
13.	Conference- International Conference on Physical Education & Sports Sciences	International	Manipur India	9-11 Jan 2014
14.	Conference- 9 th International Conference on “Yoga Insight Through Natha Literature”	International	Lonavla Maharastra India	17 Jan 2014
15.	Two Day International Seminar on Terminology & Translation General review	International	Beed Maharastra India	8-9 Feb 2014
16.	Conference UGC sponsored two day International Conference on Physiotherapy in Physical Education & Sports Sciences “ICPPESC-2014”	International	Mandya India	22-23 Feb 2014
17.	25 th Pan Asian Conference of Sports & Physical Education-2014	International	Hyderabad India	8-10 Aug 2014
18.	UGC Sponsored International Seminar on “Health Related Physical Fitness & Wellness”	International	Bangalore India	22-23 Aug 2014
19.	Spirituality In Researches (SIR) Conference & Meditation Retreat on “Fostering Research to Build Value Based Society”	International	Mount Abu India	12-15 Sept 2014
20.	International Conference on Physical Education & Sports Science “ICPESS-2015”	International	Jaipur Rajasthan India	6-7 Jan 2015
21.	UGC International Certificate Course & Workshop on Sports Medicine Science & Yoga	International	B.H.U. Varanasi U.P. India	15-17 July 2015
22.	UGC International Conference on Sports Medicine, Physical Education & Yoga	International	B.H.U. Varanasi U.P India	15-17 July 2015
23.	GLOCOSCPES 2016 Global Conference on Scientific Culture in Physical Education & Sports Sponsored by ICSSR	International	Patiala Punjab India	18-20 Feb 2015
24.	International Conference on Physical Education & Sports Science	International	Goa India	2-4 Jan 2016
25.	International Congress on Contemporary Research, Management in Physical Education & Yoga Science	International	Bangkok Thailand	9-10 Nov 2016
26.	International Strength & Conditioning Course “ESSIC”	International	Jaipur India	4 Jan 2017
27.	International Workshop on Yoga	International	Jaipur India	5-7 Jan 2017
28.	International Conference in Physical Education & Sports Science (ICPESS)	International	Mumbai India	5-7 Jan 2017

29.	International Conference on contemporary Movements in Sports, Tourism, Management, Research, Sports & Yogic Science	International	Mumbai India	19-20 Jan 2018
30.	International Conference Cum Workshop on Emerging Trends in Sports Science	International	Mumbai India	26-28 Mar 2018
31.	International Conference On Yoga For Global Well-Being	International	Shri Lanka	9-12 Feb 2019
32.	International Conference “Yoga for Success & Techno Stress Management	International	Khajuraho India	16-18 Nov 2019
33.	Scientific International Conference on Physical Education and Allied Sciences	International	Goa India	27-29 Feb 2020
34.	Participated in Virtual International Webinar on “Yoga for Better Immunity”	International	Bhopal India	29 Dec 2020

❖ PAPER PRESENTATION DETAILS : “INTRRNATIONAL”

Sr. No.	Title of Paper	Level	Place	Period
1.	Obesity	International	Tirunaveli India	20-22 Aug 2009
2.	Psychosocial Effect Over Reaction Time	International	Hyderabad	7-9 May 2010
3.	Women- Diet & Exercise & Sports Performance	International	Goa India	25-27 Feb 2011
4.	Effect of Circuit Training on Sprinters of High School Students	International	Varanasi India	19-21 Jan 2011
5.	Effect Selected Yogic Practices & Physical Exercises on Biochemical Nariarlres Among College Student	International	Chennai India	19-18 Feb 2012
6.	Comparison of Circuit Training Method on Performance Variables of Rural & Urban Boys	International	Chandigarh India	20-22 Oct 2012
7.	India Higher Education & Role of Quality BOG-A-Boon	International	Bijnor India	25-26 Nov 2012
8.	Relationship Between Mental Toughness & Performance of Sub- Junior National Level Male Volleyball Players	International	Nagpur India	21-23 Feb 2013

9.	Proper Diet & Nutrition is Very Important to Inhaul Performance Level of Athlete	International	Jalgaon (MS)India	26-28 Dec 2013
9.	Effect of progressive Muscle Relaxation Training on Competitive Anxiety of olale Archery Event	International	Mandya Karnataka India	22-23 Feb 2014
10.	Effect of Eight Week Maximum & Dynamic effort training Programme for improving power lifters performance	International	Hyderabad India	8-10 Aug 2014
11.	Personality analysis of men Volleyball players participated in state & Inter University Competation-2013 A Comparative Study	International	Hyderabad India	8-10 Aug 2014
12.	A chronic physical inactivity & poor fitness is responsible for Hypo-Kinetic Disorder	International	Jaipur India	6-7 Jan 2015
13.	The Role of Yoga on Mental & Physical Health	International	Thiruvananthapuram Kerela India	19-20 Nov 2015
14.	“ Effect of Yoga & Aerobic Exercise: A Comparison of Biomechanical Parameters of Female Athlete”	International	Lonavla (MS) India	27-30 Dec 2015
15.	“Advancement of Research in Sports Medicine & Physical Education through stem cell Therapy use for physiology of Sports Injuries & Repair Processes”	International	Bangkok Thailand	9-10 Nov 2016
16.	Comparative Study on Anxiety Level Between Boys & Girls of Kho-Kho Players	International	Jaipur India	5-7 Jan 2017
17.	A Study of Badminton movement Practice & its Effects on the Improvement of Junior & Senior College Racket Sports Athlete	International	Jaipur India	5-7 Jan 2017
18.	Effect of Global Warming on Sports	International	Mumbai India	19-20 Jan 2018
19.	Impact of yoga and meditation on health of individual	International	Khajuraho India	16-18 Nov 2019

❖ **DETAILS OF NATIONAL CONFERENCE :**

Sr. No.	Title of Conference / Symposium / Workshop	Level	Place	Period
1.	Workshop - [All India seminar on curriculum development in phy.edu as per n. c. t. e pattern]	National	Amravati	08-10 Oct 1999
2.	Conference - [12 national conference of sport psychology]	National	Thiruvananthapuram	28-30 Dec 1999
3.	Conference - [National youth conference for women empowerment]	National	Parbhani	13-14 Feb 2009
4.	Conference - [National Seminar on Sport Journalism and Media]	National	Aurangabad	5-6 Mar 2009
5.	Conference - [National seminar on importance of yoga at college & university level]	National	Aurangabad	28-29 Jan 2010
6.	Workshop - [modern trends in research Mythology in phy.edu and sport science]	National	SRTMU Nanded	01 Feb 2010
7.	Conference - [National Conference phy.edu. and yoga A biggest Necessity for public health]	National	SRTMU Nanded	29-31 Mar 2010
8.	Conference - [national conference on issues & themes in phy- edu & sports contemporary national situation]	National	Ahmadpur	28-30 Jan 2011
9.	Workshop - [National Workshop on Training methods & orientation of trends in different games]	National	Varanasi India	01-07 Nov 2011
10.	Seminar-Research in Physical Education Sport	National	L.N.U.P.E Gwalior India	15 Mar 2013
11.	Seminar-National Seminar on Research for Development	National	S.R.T.M.U Nanded India	30 Mar 2013
12.	Dr. Babasaheb Ambedkar Marathwada University Sponsored "One Day Regional Workshop on Revised Syllabus of Physical Education"	Regional	Vaidyanath College Parli Vajjnath Dist.Beed (MS) India	10 Feb 2015
13.	UGC Sponsored Two Days National Seminar on Health Physical Activity & Chronic Diseases	National	Smt. Nankbai Wadhvani Kala Mahavidyalaya, Yavatmal (MS) India	20-21 Aug 2016
14.	Advancement in Rehabilitation & Healing process in sports injuries, health, fitness & wellness through them cell therapy	National	Haryana	4 Feb 2017

15.	One day national level workshop on “Scope of Skilled Professionals in Sports Industry”	National	New Delhi	19 Aug 2017
16.	NSS Workshop Organized by BAMU Aurangabad	National	Aurangabad	13/10/2017
17.	National Workshop on Nutrition for Sports Exercise & Weight Management	National	Gwalior	5-11Feb 2018
18.	State level Seminar on “Recent Trends in Physical Education, Sports, Yoga & Psychology”	National	Pune	22 & 23 Jan 2019
19.	One Day Workshop on “Intellectual Property Rights and Patent Writing”	National	Beed	23 Feb 2019
20.	One Day National Conference On Pension Scheme for Government Employees Issues & Concerns	National	Nagpur	3 March 2019
21.	One Day Workshop on “Revised NAAC Accreditation Framework	National	Beed	2 March 2019
22.	One Day Workshop Yoga for Better Performance in Sports Department of Sports & Physical Education	National	Nanded	22 June 2019
23.	Attending Online Workshop On Sports and Health Education	National	Aurangabad	15 to 22 April 2020

❖ PAPER PRESENTATION DETAILS : “NATIONAL”

Sr. No.	Title of Paper	Level	Place	Period
1.	Sharirik Shikshanant Krida Patrakariteche Mahatva	National	Aurangabad	5-6 Mar 2009
2.	Surya Namaskar iss vyam ka 12 se 14 iugut ke chhatro ke kamar ke lachilapan iss sharirik kshamtaper honewala parinam	National	Aurangabad	28-29 Jan 2010
3.	Manav Jivan me vposhanoka athan	National	S.R.T.M.U Nanded	29-31 Mar 2010
4.	Scot thrts ya vyamacha 14 te 16 vayov gatatil milinchya kamarechya lavchiktevar hanara parinam	National	Ahmadpur	28-30 Jan 2011
5.	Role of Psychology of Physical Education	National	Gwalior	15 Mar 2013
6.	Sports Journalism	National	Nanded	30 Mar 2013

7.	The Physiology of Sports Injuries and Repair process through from cell therapy	National	Yavatmal	20-21 Aug 2016
8.	Advancement in Rehabilitation & Healing Process in Sports Injuries, Health, Fitness & stem cell Therapy	National	Haryana	4 Feb 2017
9.	Bioelectrical Impedance Analysis in Body Composition Measurement	National	Pune	22&23 Jan 2019

❖ DETAILS OF PUBLICATIONS :

Sr. No.	Title of Published Papers	Name of Publication ISBN/ISSN NO.	Author /Editor	Level/Date
1.	Impact of Obesity	Entire Research Journal Vil.-2 ISSN 0975-5020	Dr. Balwant Singh	International 20/8/2010
2.	Compression of circuit training method on performance variable of rural & urban boys	Proceeding of International Physical Education Sports Science ISBN 978-81-925348	Dr. Gurmeet Singh	International 20/10/2012
3.	“Effects of Progressive Muscle Relaxation Training on Competitive Anxiety of Male Archery Event	Proceeding of the UGC Sponsored International Conference on Physiotherapy in Physical Education & Sports Science ISBN 978-81-928778-0-8	Prof. D. Krishnegowda Prof. Seshanna Prof. N. Ramesh Dr. C. Krishna	International
4.	“A Chronic Physical Inactivity and Poor Fitness is Responsible for Hypo Kinetic Disorder”.	Twenty-first Century Publications. ISBN 978-81-89463-984	Dr. Rina Poonia	International
5.	Advancement of Research in Sports Medicine & Physical Education through stem cell therapy use for Physiology of Sports Injuries & Repair Processes	Entire Research International Research Journal Vol-8 ISSN -1975-5020 Impact Factor -2-359		International Nov 2016
6.	A study of Badminton Movements Practice and its Effect on the Improvement of Junior and Senior College Racket Sports Athlete	Emerging Trends in Fitness and Sports Sciences Volume-I ISBN-978-93-85449-31-4	Dr. Rina Poonia	International 7 Jan 2017
7.	Comparative Study on Anxiety Level between Boys and Girls of Kho-Kho Players	Emerging Trends in Fitness and Sports Sciences Volume-I ISBN-978-93-85449-31-4	Dr. Rina Poonia	International 7 Jan 2017
8.	Effect of Global Warming Sports	Entire Research Special Issue Jan 2018 International Conference Proceedings	Dr. Balwant Singh	International 19-20 Jan 2018
9.	Physical Education and Technology Integration	Sharirik Shiksha Unnayan Sansthan Allahabad ISSN-2249-717X		26-20 March 2018

10.	Stress Management at an Individual Family & Work place through “Vipassana Meditation” Page no. 33-36	International Journal of fitness , Health Physical Iron Games ISSN 2349-722X BOL 6, 4 (special Issue)2019		International
11.	Impact of Yoga and Meditation on Health of individual	Vidyawarta ISSN 2319 9318		National
12.	Influence of strength training on Mental Health page no.686 to 688	Studies in Indian Place Names ISSN 2394-3114		
13.	Kinesiology	Kinesiology khel sahitya Kendra 7/26 Ansari Road Daryaganj New Delhi 978-93-88159-37-3		
14.	Advantage of Yoga in Reducing stress Among Health Adults page No. 44-55	Entire in Research Volume XII Issue ISSN 0925-5020		International
16.	A comparison study of the physiological variable of kho-kho and kabbadi players from Beed District Maharastra Page no.25 to 28	Entire Research Volume ISSN 0975-5020		International
17.	Analytical study on the Role of Yoga in Managing Post COVID-19 Stress Anxiety and Depression	B. Aadhar ISSN 2278-9308		

❖ OTHER DETAILS

- **Languages known** : English, Hindi, Marathi
- **Hobbies** : Writing, Reading, Travelling Sports, Dress Designing, Photography....

❖ PERSONAL SKILL

- Good oral written communication
- Able to face critical situation
- Able to work in groups or individually
- Dedicated to work
- Self motivated

Place:

Date:

Signature of the Employee